



# HIT-N-GIGGLE

Official newsletter of ACT Women's Squash Competition  
2009 - 21 May 2009

Contact us - Email: [womenssquashact@yahoo.com.au](mailto:womenssquashact@yahoo.com.au)  
www: [www.squashact.asn.au/womens](http://www.squashact.asn.au/womens)

## Welcome to round 9:

With only 4 weeks to go until the end of the comp, the committee has begun finalising the details for the Grand Final.

If you haven't already done so, please mark **Saturday 13 June** in your diaries.

Usually the games for the GF are from 4.00pm to 6.00pm but with the reduction in court numbers at Dickson, the committee has decided to **move the time of the GF to 3.30pm to 6.00pm.**

The presentations will then take place straight after in the Club Room at Dickson Squash Club.

Heather Mackay has indicated she will again be joining us for the GF day.

If you can't make the Grand Final, it is your responsibility to find a reserve and let either Kaye (Red) or Debbie (Blue) know the details as well as your teammates.

As in previous years, the cost for players is \$10. This includes court hire, food and a raffle ticket. Spouses, partners and children are also invited to attend the Grand Final and presentation. The cost for them is \$5 each.

## Supper:

A reminder to everyone that you still need to bring supper when it's your turn, even if you are not staying. The draw allocates whose turn it is each round so please check the draw to see if it's your turn.

Supper for this week is: - Blue - Number 3's.  
- Red - number 1's.



## Dinner Dance:

In 2008, Squash ACT held a "Squash Ball" (of the black tie sort of ball). In 2009 Squash ACT are holding a dinner dance on Saturday 22 August 2009.

A committee comprising representatives from Squash ACT, Masters and ACT Womens squash are organising the event.

ACT Womens Squash committee are hoping to get several tables for the event. More details will be available in the next newsletter but in the meantime, please put the 22 August in your diaries.

## NEWS: (alias gossip column)

### Funny Stories:

Last week in the Blue Division, the No. 2's from teams 2 and 6 warmed the ball. Nothing spectacular there. But then on the 2<sup>nd</sup> hit of the game, they managed to lodge the ball on top of a light. Yes right on top of a light at WCCC. How did they manage this? How did the ball not fall off? Good questions. Jodie Barnett called it the 8<sup>th</sup> wonder of the world..... Apparently, it was really funny at the time! The players were really good about it (after everyone including themselves stopped laughing) as they had to warm up another ball and continue the match.

### Engagement:

During a recent vacation to the USA, one of our players Jodie Duff and her partner Jules got engaged in Las Vegas. Wedding Bells planned for next year.

Congratulations to the both of them.

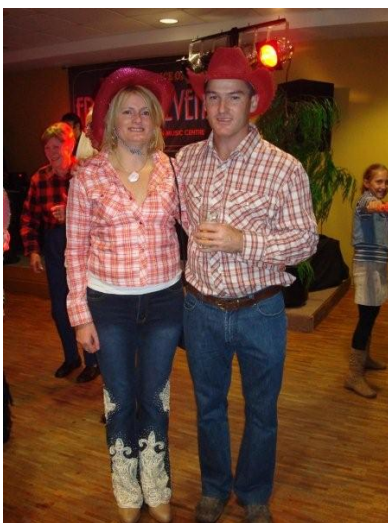
### Injury:

The Blue division haven't seen Hayley for the couple of weeks. Well last Thursday they heard that she'd fallen off a ladder and broken some ribs.

Hayley hopes to be back on the court this week.

### Birthdays:

Recently Tracey Banfield travelled to Melbourne with her cowboy Philip to attend friend Sammy's 40<sup>th</sup> Birthday. Everyone had to dress up in cowgirl/boy dress.



Yahoo!

## COACHING COURSES:

Squash ACT has made a relationship with Active After schools communities AASC) to deliver squash activities to primary school children in the ACT with the intent of creating a pathway for the children to participate at local squash clubs.

There is an avenue for coaches to be able to present these classes to schools in your area by completing a 3 hour course.

Below is the link to the squash ACT website where you will find the information for the level 1 coaching course presented by Squash ACT.

<http://www.squashact.asn.au/events/details.asp?IntContId=2315&IntCatId=3>

If you or you know of anyone who would be interested, they should contact Ray Payne, Squash ACT.

## COMPETITION TABLES:

Don't forget, results each week are calculated on games, not rubbers. So even if you don't win your match, your 1 or 2 games might make all the difference to the team's results at the end of the night.

How it works:

1 points for each game

4 points for the team with the most games (should both teams have equal games, then 2 pnts will be given to each team).

Note: should a team not score any games, then 1 pnt will always be given.

Check out the Competition Tables:

### BLUE DIVISION

	Team	1	2	3	4	5	6
Date	Round						
5-Mar	1	13	1	13	2	10	4
12-Mar	2	13	12	1	8	5	8
19-Mar	3	11	10	13	5	3	5
26-Mar	4	13	6	10	12	1	5
2-Apr	5	10	10	5	12	6	4
9-16-23 Apr	No Play						
30-Apr	6	10	1	4	11	12	6
7 May	7	13	1	3	12	13	3
14 May	8	5	2	13	10	4	13
TOTAL		88	43	62	72	54	48

Team 1 is leading. Can anyone catch them.

### RED DIVISION

	Team	7	8	9	10	11	12	13	14
Date	Round								
5-Mar	1	13	5	5	15	11	6	15	2
12-Mar	2	10	7	10	12	1	9	16	9
19-Mar	3	3	7	12	15	6	12	7	14
26-Mar	4	14	5	6	16	3	15	13	5
2-Apr	5	13	9	5	12	6	7	9	15
9-16-23 Apr	No Play								
30-Apr	6	7	3	3	6	14	13	16	13
7 May	7	10	14	13	8	6	8	5	6
14 May	8	9	9	8	15	9	9	10	10
TOTAL		79	59	62	99	56	79	91	74

Teams 10 and 13 still leading.



# Reminders:



## Equipment:

Give Richard our support at Bodyline Sports in Dickson, so if you are in need of a good deal on squash and sports gear give Bodyline sports a go!

<http://www.bodylinesports.com.au/>  
Contact: 6230 6353 or 0409 824 487



## Squash Shirts:

Wear your sport –  
The ACT Women's squash shirts are stylish, comfortable and RED.  
The cost is only \$30, all sizes available. See Sally Bird (Blue) or Kathy Sly (Red) to purchase one of these sort after shirts.

## Contact Details:

Please check your details on the draw, any revisions to be emailed to:  
[sue.cameron@anu.edu.au](mailto:sue.cameron@anu.edu.au)

## Courtesies:

If you are going to be late or have a reserve playing for you, please let your opponent and captain know – just to make it easier for everyone to get organised on the night.

Remember if you have not advised your opponent and captain that you are going to be late and you are not at your designated court by 8.00pm, then another player will be organised to play for you.



## Web Details:

The Women's Comp web site is a great place to bookmark. Just in-case you mis-place your team lists, reserves lists or draw, they are all available on our web pages.

This year we will again be creating the Hit N Giggle newsletter. This newsletter is a must read. Look out for some very interesting stories (and gossip) throughout the comp.

## Awards:

All players are reminded that the committee rewards improvement, cheerful dispositions, excellence in the supper department etc ? These are highly sort after awards – just ask the previous winners.

Please send your nominations (however funny, stupid, weird or silly) throughout the comp to: [womensquashact@yahoo.com.au](mailto:womensquashact@yahoo.com.au)

## Rules:

Squash ACT have produced some documents regarding "Marking and Refereeing Guide Sheets" which will help players of all levels to referee and mark, make correct calls and decisions. A copy of the documents are available in each of the boxes at the courts.

Please take the time to read and familiarize them and if you are refereeing on a Thursday, use the documents as a guide to ensure everyone has a safe and happy game.